

# BOSTON



# CLASSIC PLUS BASKETBALL



## OVERVIEW

- Students receive 15 hours of English language tuition, plus 9 hours of professional basketball coaching per week
- Sessions are planned by coaches to develop each student's natural ability and skills
- **Minimum 6 students required to run this course (each week)**

## COURSE STRUCTURE

- Students receive expert tuition in key skill areas including dribbling, shooting, passing, offence, defence, set plays and many other tips and tricks to get you past your opponent
- Working in small groups, coaches aim to develop players to their full potential, so the course is suitable for all skill levels from beginner to advanced
- Coaching sessions include circuits of activities, drills, co-ordination and movement exercises before moving on to match scenarios
- The course is taught entirely in English so students build confidence in both basketball and using the English language

**9 -17 YEARS (GROUPS)**

**12-17 YEARS (INDIVIDUALS)**

**DURATION: 1 – 4 WEEKS**

**9 HOURS PER WEEK**

**ABILITY LEVEL: BEGINNER TO ADVANCED**

**ENGLISH LEVEL: ELEMENTARY TO ADVANCED**

## SAMPLE PROGRAM FOR BOSTON

	Morning	Afternoon	Evening
Sunday	Arrival and Local Orientation		Welcome Evening & Ice Breaker Activities
Monday	Placement Test & Induction Lesson	Included Half Day Excursion e.g. Boston Freedom Trail	Music Quiz
Tuesday	English Lessons	Basketball Coaching	Game Show Night
Wednesday	English Lessons	Basketball Coaching	Sports Tournaments
Thursday	English Lessons	Basketball Coaching	International Night
Friday	English Lessons	Included Half Day Excursion e.g. The Boston Celtics TD Garden Stadium & Tour	Disco Dance Party
Saturday	Included Full Day Excursion e.g. Canobie Lake Park		Chill out Evening – Films, popcorn & Board games
Sunday	Activities e.g. Sports Day, or Optional Excursion		American Culture Evening & Trivia Night
Monday	English Lessons	Included Half Day Excursion e.g. Salem Witch Hunt Museum	Team Building Exercises
Tuesday	English Lessons	Basketball Coaching	Karaoke Night
Wednesday	English Lessons	Basketball Coaching	Sports Tournaments
Thursday	English Lessons	Basketball Coaching	"Boston's Got Talent!" Talent Show
Friday	English Lessons	Included Half Day Excursion e.g. Boston Science Museum	Themed Disco
Saturday	Included Full Day Excursion e.g. Newport, Rhode Island		Chill out Evening – Films, popcorn & Board games
Sunday	Departure		