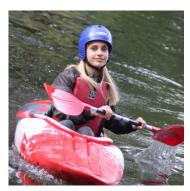






"This is the ideal course for adventure seekers and students who just love the great outdoors. There will be a range of co-operative and competitive activities to choose from such as watersports, climbing, cycling and orienteering"





OAKHAM, UK

## WHAT'S INCLUDED:



### **TUITION**

Students will take part in 15 hours of English language lessons per week. Lessons are topic based and designed to be fun, energetic and informative. They enable students to use their English in real world situations and increase their confidence.



#### ADVENTURE

Students will take part in 9 hours per week of Adventure Activities. These sessions will be taught by specialist tutors or coaches and will enable those who take part to really develop skills and confidence in their particular area of interest.



#### **ACTIVITIES**

We offer a variety of onsite activities including sports, arts and crafts and team games. The school day will finish with an evening activity which will include discos, international nights and talent shows. Our activities provide opportunities for students to use the English they have learnt and make international friends.



### **EXCURSIONS**

Full and half day excursions allow students to really get to know the UK. We use major destinations such as London, Cambridge and Brighton as a classroom where students will find historic and cultural information through guided walking tours and visits to museums and other places of interest.



### CERTIFICATE

Each student will have their English level tested upon arrival and will be placed in a class accordingly. Students will receive a portfolio to store their work in as well as a certificate to take home with them as a record of their course with us.



## **OVERVIEW**

This is the ideal course for adventure seekers and students who just love the great outdoors. There will be a range of co-operative and competitive activities to choose from such as watersports, climbing, cycling and orienteering.

#### **COURSE STRUCTURE**

The students will take part in adventurous activities and challenges, developing fundamental physical and teamwork skills, so that they become increasingly competent and confident in a way which supports their health and fitness. Students will also improve broader sports and social skills such as teamwork, strategy, physical agility, interpreting instructions and hand-eye coordination. The students will engage in competitive and co-operative physical activities in a range of challenging situations, both individually and with others, which builds character. By the end of the course students can expect to have improved their physical abilities and their ability to work as part of a team, as well as having lots of fun. The course is taught entirely in English, so students improve their language skills as they do the activities

Minimum 6 students required to run this course (each week)

## **ENGLISH, ACTIVITIES & EXCURSIONS**

As well as a focus on their chosen plus course, students will be able to enjoy our classic programme of English lessons, activities and excursions. Each student will take part in specially designed English lessons which are fun, interactive and topic based. They will equip students with the confidence to take part in a full programme of activities and excursions. Our excursion programme includes one full-day and two half-day excursions per week to destinations of cultural and historic interest. Each day will end with an energetic evening activity which encourages students to socialise with their new international friends. Evening activities are varied and fun and may include discos, talent shows and international evenings.

### **COURSE INFORMATION**

AGE RANGE: 8 - 17 (Groups)
12 - 17 (Individuals)

ENGLISH CLASS SIZE: Maximum 16

COURSE LENGTH: 1 - 4 weeks

CENTRE: Oakham School, Oakham, UK

CENTRE DATES: 2nd Jul 2023 - 30th Jul 2023

Beginner to Advanced

**ADVENTURE** Beginner to **ABILITY:** Advanced

SESSIONS PER WEEK: 9 Hours





# **SAMPLE PROGRAMME**

WEEK 1	MORNING			AFTERNOON		EVENING
	09:00 - 12:30 14:00 - 18:00					19:30 - 22.00
SUN		Arrival, Induction & Campus Tour				Welcome Evening & Ice Breaker Activities
MON	BREAKFAST	Placement Test & Induction Lesson (3 hours)	LUNCH	Adventure Activities e.g. Raft Building	DINNER	Welcome Disco or Drama based Games
TUES		English Lessons (3 hours)		Walking Tour of Oakham Town		"Who wants to be a Millionaire?" Quiz Night
WEDS		English Lessons (3 hours)		Adventure Activities e.g. Climbing		International Night
THUR		English Lessons (3 hours)		Included Half Day Excursion: Stamford		Casino Night or English Conversation Club
FRI		English Lessons (3 hours)		Adventure Activities e.g. Guided Cycle Ride around Rutland Water		Beach Party Disco or Sports
SAT		Included Full Day Excursion: London Walking Tour (with late return)				Chill Out Evening including Films
WEEK 2		MORNING		AFTERNOON		EVENING
		09:00 - 12:30		14:00 - 18:00		19:30 - 22.00
SUN		Onsite Activities e.g. British Sports Day, or Sightseeing in Oakham, or Optional Full Day Excursion (at extra cost)				British Culture Evening
MON	BREAKFAST	Adventure Activities e.g. Water Sports	LUNCH	English Lessons (3 hours)	DINNER	Fancy Dress Disco or Arts & Crafts e.g. Graffiti Design
TUES		Included Half Day Excursion: Nottingham		English Lessons (3 hours)		Game show Night
WEDS		Adventure Activities e.g. Horse Riding		English Lessons (3 hours)		"Oakham's Got Talent!" Talent Show
THUR		Included Half Day Excursion: Melton Mowbray & Leicester		English Lessons (3 hours)		Murder Mystery Activity
FRI		Adventure Activities e.g. Bushcraft - Building Emergency Shelters		English Lessons (3 hours)		Masked Ball Disco or Sports
SAT		Included Full Day Excursion: Cambridge, Walking Tour & Kings College				Chill Out Evening including Films
SUN		Departure				