



**CLASSIC PLUS ADVENTURE**



**OVERVIEW**

- Students receive 15 hours of English language tuition per week, plus 9 hours of exciting adventure activities per week
- Students on this course will participate in an exciting range of activities based in and around Rutland Water, a reservoir and nature reserve very near to the school
- Activities may include various types of watersports, horse riding, climbing, building rafts and emergency shelters, orienteering, and a guided cycle ride around Rutland Water
- **Minimum 6 students required to run this course (each week)**

**COURSE STRUCTURE**

- The students will take part in adventurous activities and challenges, developing fundamental physical and teamwork skills, so that they become increasingly competent and confident in a way which supports their health and fitness
- Students will also improve broader sports and social skills such as teamwork, strategy, physical agility, interpreting instructions and hand-eye coordination
- The students will engage in competitive and co-operative physical activities in a range of challenging situations, both individually and with others, which builds character
- By the end of the course students can expect to have improved their physical abilities and their ability to work as part of a team, as well as having lots of fun
- The course is taught entirely in English, so students improve their language skills as they do the activities

**8-17 YEARS (GROUPS)**

**12-17 YEARS (INDIVIDUALS)**

**DURATION: 1-4 WEEKS**

**9 HOURS PER WEEK**

**ABILITY LEVEL: BEGINNER TO ADVANCED**

**ENGLISH LEVEL: PRE-INTERMEDIATE TO ADVANCED**

**SAMPLE PROGRAMME**

|           | Morning   | Afternoon   | Evening  |
|-----------|---|---|--|
| Sunday    | Arrival, Induction & Campus Tour  |   | Welcome Evening & Ice Breaker Activities                 |
| Monday    | Placement Test & Induction Lesson   | Walking Tour of Oakham Town                                 | Welcome Disco or Drama based Games                       |
| Tuesday   | English Lessons   | Adventure Activities e.g. Raft Building                     | "Who wants to be a Millionaire?" Quiz Night              |
| Wednesday | English Lessons   | Adventure Activities e.g. Climbing                          | International Night                                      |
| Thursday  | English Lessons   | Included Half Day Excursion: Nottingham                     | Casino Night or English Conversation Club                |
| Friday    | English Lessons   | Adventure Activities e.g. Guided cycle around Rutland Water | Beach Party Disco or Sports                              |
| Saturday  | Included Full Day Excursion: London Walking Tour (with late return)   |   | Chill Out Evening including Films, Popcorn & Board Games |
| Sunday    | Onsite Activities e.g. British Sports Day, or Sightseeing in Oakham, or Optional Full Day Excursion (at extra cost) |   | British Culture Evening                                  |
| Monday    | Adventure Activities e.g. Watersports   | English Lessons   | Fancy Dress Disco or Arts & Crafts e.g. Graffiti Design  |
| Tuesday   | Included Half Day Excursion: Melton Mowbray & Leicester   | English Lessons   | Game show Night  |
| Wednesday | Adventure Activities e.g. Horse Riding  | English Lessons   | "Oakham's Got Talent!" Talent Show                       |
| Thursday  | Included Half Day Excursion: Stamford   | English Lessons   | Murder Mystery Activity                                  |
| Friday    | Adventure Activities e.g. Bushcraft - Shelter Building  | English Lessons   | Masked Ball Disco or Sports                              |
| Saturday  | Included Full Day Excursion: Cambridge, Walking Tour & Kings College  |   | Chill Out Evening including Films, Popcorn & Board Games |
| Sunday    | Departure   |   |  |