









"This course provides the perfect opportunity to really improve your game with support and guidance from our professional field hockey coach. All coaching is in English allowing students to develop both their language and hockey skills"





OAKHAM, UK

WHAT'S INCLUDED:



IUITION

Students will take part in 15 hours of English language lessons per week. Lessons are topic based and designed to be fun, energetic and informative. They enable students to use their English in real world situations and increase their confidence.



HOCKEY

Students will take part in 9 hours per week of field hockey coaching. These sessions will be taught by a specialist coach and will enable those who take part to really develop skills and confidence in their game.



ACTIVITIES

We offer a variety of onsite activities including sports, arts and crafts and team games. The school day will finish with an evening activity which will include discos, international nights and talent shows. Our activities provide opportunities for students to use the English they have learnt and make international friends.



EXCURSIONS

Full and half day excursions allow students to really get to know the UK. We use major destinations such as London, Cambridge and Canterbury as a classroom where students will find historic and cultural information through guided walking tours and visits to museums and other places of interest.



CERTIFICATE

Each student will have their
to English level tested upon
or arrival and will be placed in a
n, class accordingly. Students will
as receive a portfolio to store
their work in as well as a
certificate to take home with
them as a record of their course
with us.



Students receive expert tuition in areas including passing, receiving, ball control and individual/team defence. Coaching sessions will focus on movement control, synchronization, and rhythm to develop skills before moving on to match practice.

The course is taught entirely in English so students build confidence in both their hockey skills and in using language to communicate in team environments.

COURSE STRUCTURE

Students receive 15 hours of English language tuition, plus 9 hours of professional hockey coaching per week at the Oakham School sports facilities. The coaching sessions are planned by coaches to develop each student's natural abilities and awareness.

Minimum 6 students required to run this course (each week)

ENGLISH, ACTIVITIES & EXCURSIONS

As well as a focus on their chosen plus course, students will be able to enjoy our classic programme of English lessons, activities and excursions. Each student will take part in specially designed English lessons which are fun, interactive and topic based. They will equip students with the confidence to take part in a full programme of activities and excursions. Our excursion programme includes one full-day and two half-day excursions per week to destinations of cultural and historic interest. Each day will end with an energetic evening activity which encourages students to socialise with their new international friends. Evening activities are varied and fun and may include discos, talent shows and international evenings.

COURSE INFORMATION

AGE RANGE:	8- 17 (groups)	ENGLISH CLASS SIZE:	Maximum 16	COURSE LENGTH:	1 - 2 weeks
CENTRE:	Oakham School, Oakham, UK	CENTRE DATES:	7th Jul 2024 - 18th Aug 2024		Pre-Intermediate to Advanced
	TENNIS ABILITY:	Beginner to Advanced	SESSIONS PER WEEK:	9 Hours	





SAMPLE PROGRAMME

WEEK 1	WEEK 1 MORNING		AFTERNOON			EVENING		
	09:00 - 12:30		14:00 - 18:00			19:30 - 22.00		
SUN				Arrival, Induction & Campus Tour				
MON		Placement Test & Induction Lesson (3 hours)	LUNCH	Field Hockey Coaching (3 hours)	DINNER	Welcome Evening & Ice Breaker Activities		
TUES	BREAKFAST	English Lessons (3 hours)		Included Half Day Excursion: Stamford Walking Tour (no entrance included)		Welcome Disco or Arts & Crafts e.g. Jewellery Making		
WEDS		English Lessons (3 hours)		Field Hockey Coaching (3 hours)		"Who Wants to be a Millionaire?" Quiz Night		
THUR		English Lessons (3 hours)		Included Half Day Excursion: Rutland Water (Raft Building Activity)		Casino Night or English Conversation Club		
FRI		English Lessons (3 hours)		Field Hockey Coaching (3 hours)		Beach Party Disco or Sports		
SAT		Included Full Day Excursion: London Walkin		n: London Walking Tour		Chill Out Evening including Films, Popcorn & Board Games		
WEEK 2		MORNING		AFTERNOON		EVENING		
		09:00 - 12:30		14:00 - 18:00		19:30 - 22.00		
SUN		Onsite Activities e.g. British Spo	orts	Day, or Sightseeing in Oakham	DINNER	British Culture Night		
MON		Field Hockey Coaching	LUNCH	English Lessons (3 hours)		Fancy Dress Disco or Arts & Crafts e.g Graffiti Design		
TUES		Included Half Day Excursion: Belton House		English Lessons (3 hours)		Game Show Night		
WEDS	FAST	Field Hockey Coaching		English Lessons (3 hours)		"Oakham's Got Talent!" Talent Show		
THUR	BREAKFAST	Included Half Day Excursion: Peterborough & Peterborough Cathedral		English Lessons (3 hours)		Murder Mystery Night		
FRI		Field Hockey Coaching		English Lessons (3 hours)		Masked Ball Disco or Sports		
SAT		Included Full Day Excursion: Cam		Chill Out Evening including Films, Popcorn & Board Games				
SUN		Departure						

This is a sample programme and all elements may be subject to change. Lessons may take place in the mornings or afternoons.