



**CLASSIC PLUS SAILING**

**OVERVIEW**

- Students receive 15 hours per week of English language tuition, plus 9 hours per week of professional sailing lessons
- Dover Sea Sports is a modern, fully equipped, purpose-built facility on Dover Beach, housing a full suite of changing rooms and toilet facilities.
- Modern and safe sailing equipment used during the lessons
- **Minimum 6 students required to run this course (each week)**

**COURSE STRUCTURE**

- Fun and engaging sessions taught by experienced instructors just off of Dover beach
- The initial lessons will cover a basic understanding of how a boat sails and follow on with some experience of steering and handling the boat at sea
- You will practice launching the boat, steering the boat and learn about the parts of the boat. You will also begin to experience basic sailing techniques
- The course progresses to cover; rigging, sailing techniques, sailing theory and manoeuvres in crewed boats.
- You will also learn about safety at sea and how to recover from a capsized boat as well as recovering a man overboard.



**12-16 YEARS (GROUPS)**

**DURATION: 2 WEEKS (5-19 JULY)**

**9 HOURS PER WEEK**

**ABILITY LEVEL: BEGINNER TO ADVANCED**

**ENGLISH LEVEL: ELEMENTARY TO ADVANCED**

**SAMPLE PROGRAMME**

	Morning	Afternoon	Evening
<b>Sunday</b>	Arrival, Induction & Campus Tour		Welcome Evening & Ice Breaker Activities
<b>Monday</b>	Placement Test & Induction Lesson	Sailing Lesson	Welcome Disco or Drama-Based Games
<b>Tuesday</b>	English Lessons	Included Half Day Excursion: Canterbury Walking Tour	"Who Wants to be a Millionaire?" Quiz Night
<b>Wednesday</b>	English Lessons	Sailing Lesson	International Night
<b>Thursday</b>	English Lessons	Included Half Day Excursion: Folkestone Walking Tour	Casino Night or English Conversation Club
<b>Friday</b>	English Lessons	Sailing Lesson	Beach Party Disco or Sports
<b>Saturday</b>	Included Full Day Excursion: London, Walking Tour & Thames Sightseeing Boat Cruise		Chill Out Evening including Films, Popcorn & Board Games
<b>Sunday</b>	Activities e.g. British Sports Day, or Optional Full Day Excursion (at extra cost - please book before arrival)		British Culture Evening
<b>Monday</b>	Sailing Lesson	English Lessons	Fancy Dress Disco or Drama Workshop
<b>Tuesday</b>	Included Half Day Excursion: Broadstairs Walking Tour	English Lessons	Game Show Night
<b>Wednesday</b>	Sailing Lesson	English Lessons	"Dover's Got Talent!" Talent Show
<b>Thursday</b>	Included Half Day Excursion: Leeds Castle	English Lessons	Murder Mystery Activity
<b>Friday</b>	Sailing Lesson	English Lessons	Masked Ball Disco or Sports
<b>Saturday</b>	Included Full Day Excursion: Brighton, Walking Tour & The Royal Pavilion		Chill Out Evening including Films, Popcorn & Board Games
<b>Sunday</b>	Departure		