



ENGLISH PLUS HORSE RIDING

OAKHAM, UK



“This course is suitable for both those starting out on their equestrian journey and experienced riders - sessions will be adjusted to the student’s level. Lessons are fun and engaging and taught by experienced instructors at high quality facilities”



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WHAT'S INCLUDED:



TUITION

Students will take part in 15 hours of English language lessons per week. Lessons are topic based and designed to be fun, energetic and informative. They enable students to use their English in real world situations and increase their confidence.



HORSE RIDING

Students will take part in 9 hours per week of Horse Riding. These sessions will be taught by specialist tutors or coaches and will enable those who take part to really develop skills and confidence in their particular area of interest.



ACTIVITIES

We offer a variety of onsite activities including sports, arts and crafts and team games. The school day will finish with an evening activity which will include discos, international nights and talent shows. Our activities provide opportunities for students to use the English they have learnt and make international friends.



EXCURSIONS

Full and half day excursions allow students to really get to know the UK. We use major destinations such as London, Cambridge and Peterborough as a classroom where students will find historic and cultural information through guided walking tours and visits to museums and other places of interest.



CERTIFICATE

Each student will have their English level tested upon arrival and will be placed in a class accordingly. Students will receive a portfolio to store their work in as well as a certificate to take home with them as a record of their course with us.

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Students receive 15 hours per week of English language tuition, plus 9 hours per week of professional horse riding coaching and stable management tuition. Somerby Equestrian Centre is an approved ABRS and BHS riding school based in the heart of the beautiful Leicestershire countryside, with miles of local bridleways to explore.

COURSE STRUCTURE

Fun and engaging sessions taught by experienced instructors in high quality facilities. Once the student's level has been assessed and strengths identified, they will be given different exercises to improve confidence and horsemanship. For elementary level students, basic skills such as mounting, trotting and cantering are developed. More advanced students will be encouraged to develop a variety of paces within the arena. Lessons are structured and varied to ensure students develop at a comfortable rate. Friendly instructors encourage students to have contact with horses and develop knowledge of horse care as well as progressing with their riding.

Minimum 6 students required to run this course (each week)

ENGLISH, ACTIVITIES & EXCURSIONS

As well as a focus on their chosen Plus Course, students will be able to enjoy our classic programme of English lessons, activities and excursions. Each student will take part in specially designed English lessons which are fun, interactive and topic based. They will equip students with the confidence to take part in a full programme of activities and excursions. Our excursion programme includes one full-day and two half-day excursions per week to destinations of cultural and historic interest. Each day will end with an energetic evening activity which encourages students to socialise with their new international friends. Evening activities are varied and fun and may include discos, talent shows and international evenings.

COURSE INFORMATION

AGE RANGE: 12 - 17 (Individuals)	ENGLISH CLASS SIZE: Maximum 16	COURSE LENGTH: 1 - 4 weeks
CENTRE: Oakham School, Oakham, UK	CENTRE DATES: 5th Jul 2026 - 2nd Aug 2026	MIN LANGUAGE LEVEL: Pre-Intermediate to Advanced
HORSE RIDING ABILITY: Beginner to Advanced	SESSIONS PER WEEK: 9 Hours	
ACCOMMODATION: Single, Twin or small dormitories with shared bathroom. Meals are included (breakfast, lunch and dinner)		



SAMPLE PROGRAMME

WEEK 1		MORNING		AFTERNOON		EVENING	
		09:00 - 12:30		14:00 - 18:00		19:30 - 22.00	
SUN	BREAKFAST	Arrival, Induction & Campus Tour				DINNER	Welcome Evening & Ice Breaker Activities
MON		Placement Test & Induction Lesson		Horse Riding (including Horse Care and Stable Management)			Welcome Disco or Drama based Games
TUES		English Lessons		Included Half Day Excursion: Stamford Walking Tour (no entrance included)			"Who wants to be a Millionaire?" Quiz Night
WEDS		English Lessons		Horse Riding (including Horse Care and Stable Management)			International Night
THUR		English Lessons		Included Half Day Excursion: Rutland Water			Casino Night or English Conversation Club
FRI		English Lessons		Horse Riding (including Horse Care and Stable Management)			Beach Party Disco or Sports
SAT		Included Full Day Excursion: London Walking Tour					Chill Out Evening including Films
WEEK 2		MORNING		AFTERNOON		EVENING	
		09:00 - 12:30		14:00 - 18:00		19:30 - 22.00	
SUN	BREAKFAST	Onsite Activities e.g. British Sports Day, or Sightseeing in Oakham				DINNER	British Culture Evening
MON		Horse Riding (including Horse Care and Stable Management)		English Lessons			Fancy Dress Disco or Arts & Crafts e.g. Graffiti Design
TUES		Included Half Day Excursion: Wollaton Hall		English Lessons			Game show Night
WEDS		Horse Riding (including Horse Care and Stable Management)		English Lessons			"Oakham's Got Talent!" Talent Show
THUR		Included Half Day Excursion: Peterborough & Peterborough Cathedral		English Lessons			Murder Mystery Activity
FRI		Horse Riding (including Horse Care and Stable Management)		English Lessons			Masked Ball Disco or Sports
SAT		Included Full Day Excursion: Cambridge Walking Tour and Cambridge College					Chill Out Evening including Films
SUN	Departure						

This is a sample programme and all elements may be subject to change. Lessons may take place in the mornings or afternoons.