



“This course provides the perfect opportunity to really improve your game with support and guidance from a Lawn Tennis Association licensed coach. The course will be taught in English allowing students to develop both their language and tennis skills”



OAKHAM, UK

WHAT'S INCLUDED:



TUITION

Students will take part in 15 hours of English language lessons per week. Lessons are topic based and designed to be fun, energetic and informative. They enable students to use their English in real world situations and increase their confidence.



TENNIS

Students will take part in 9 hours per week of Tennis. These sessions will be taught by specialist coaches and will enable those who take part to really develop skills and confidence in their particular area of interest.



ACTIVITIES

We offer a variety of onsite activities including sports, arts and crafts and team games. The school day will finish with an evening activity which will include discos, international nights and talent shows. Our activities provide opportunities for students to use the English they have learnt and make international friends.



EXCURSIONS

Full and half day excursions allow students to really get to know the UK. We use major destinations such as London, Cambridge and Peterborough as a classroom where students will find historic and cultural information through guided walking tours and visits to museums and other places of interest.



CERTIFICATE

Each student will have their English level tested upon arrival and will be placed in a class accordingly. Students will receive a portfolio to store their work in as well as a certificate to take home with them as a record of their course with us.

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Students receive expert tuition in key skill areas including serving, returning and ball control. They will also receive instruction in skills such as court positioning and shot selection allowing students to work on and develop their match skills. Working in small groups, the coaches aim to develop players to their full potential so the course is suitable for all levels from beginner to advanced. Coaching sessions include circuits of activities, drills, coordination and movement exercises before moving on to match practice. The course is taught entirely in English so students build confidence in both their tennis skills and in using the English language.

COURSE STRUCTURE

Students receive 15 hours of English language tuition, plus 9 hours of professional tennis coaching per week on The Oakham School tennis courts. The course is taught by Lawn Tennis Association licensed coaches. The sessions are planned by coaches to develop each student’s natural abilities and awareness

Minimum 6 students required to run this course (each week)

ENGLISH, ACTIVITIES & EXCURSIONS

As well as a focus on their chosen Plus Course, students will be able to enjoy our classic programme of English lessons, activities and excursions. Each student will take part in specially designed English lessons which are fun, interactive and topic based. They will equip students with the confidence to take part in a full programme of activities and excursions. Our excursion programme includes one full-day and two half-day excursions per week to destinations of cultural and historic interest. Each day will end with an energetic evening activity which encourages students to socialise with their new international friends. Evening activities are varied and fun and may include discos, talent shows and international evenings.

COURSE INFORMATION

AGE RANGE: 12 - 17 (Individuals)	ENGLISH CLASS SIZE: Maximum 16	COURSE LENGTH: 1 - 4 weeks
CENTRE: Oakham School, Oakham, UK	CENTRE DATES: 5th Jul 2026 - 2nd Aug 2026	MIN LANGUAGE LEVEL: Pre-Intermediate to Advanced
TENNIS ABILITY: Beginner to Advanced	SESSIONS PER WEEK: 9 Hours	
ACCOMMODATION: Single, Twin or small dormitories with shared bathroom. Meals are included (breakfast, lunch and dinner)		



SAMPLE PROGRAMME

WEEK 1	MORNING	AFTERNOON	EVENING
	09:00 - 12:30	14:00 - 18:00	19:30 - 22.00
SUN	Arrival, Induction & Campus Tour		
MON	Placement Test & Induction Lesson	Tennis Workshop	Welcome Evening & Ice Breaker Activities
TUES	English Lessons	Included Half Day Excursion: Stamford Walking Tour (no entrance included)	Welcome Disco or Arts & Crafts e.g. Jewellery Making
WEDS	English Lessons	Tennis Workshop	“Who Wants to be a Millionaire?” Quiz Night
THUR	English Lessons	Included Half Day Excursion: Rutland Water	Casino Night or English Conversation Club
FRI	English Lessons	Tennis Workshop	Beach Party Disco or Sports
SAT	Included Full Day Excursion: London Walking Tour		Chill Out Evening including Films, Popcorn & Board Games

WEEK 2	MORNING	AFTERNOON	EVENING
	09:00 - 12:30	14:00 - 18:00	19:30 - 22.00
SUN	Onsite Activities e.g. British Sports Day, or Sightseeing in Oakham		British Culture Night
MON	Tennis Workshop	English Lessons	Fancy Dress Disco or Arts & Crafts e.g Graffiti Design
TUES	Included Half Day Excursion: Wollaton Hall	English Lessons	Game Show Night
WEDS	Tennis Workshop	English Lessons	“Oakham’s Got Talent!” Talent Show
THUR	Included Half Day Excursion: Peterborough & Peterborough Cathedral	English Lessons	Murder Mystery Night
FRI	Tennis Workshop	English Lessons	Masked Ball Disco or Sports
SAT	Included Full Day Excursion: Cambridge Walking Tour and Cambridge College		Chill Out Evening including Films, Popcorn & Board Games
SUN	Departure		

This is a sample programme and all elements may be subject to change. Lessons may take place in the mornings or afternoons.