









"For our budding football stars this is the ideal opportunity to combine language learning with coaching and the chance to interact with stars from the footballing world! The course has been specially designed by footballing legend Michael Owen and will help students to develop both individually and as a team"





OAKHAM, UK

# WHAT'S INCLUDED:



### TUITION

Students will take part in 15 hours of English language lessons per week. Lessons are topic based and designed to be fun, energetic and informative. They enable students to use their English in real world situations and increase their confidence.



#### FOOTBALL

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Students will take part in 15
hours of Football coaching per
week. These sessions will be
taught by specialist Red Star
coaches and will enable those
who take part to really develop
their football skills.



#### ACTIVITIE

We offer a variety of onsite activities including sports, arts and crafts and team games. The school day will finish with an evening activity which will include discos, international nights and talent shows. Our activities provide opportunities for students to use the English they have learnt and make international friends.



### EXCURSIONS

Our full-day excursions allow students to really get to know the UK. Students on this course will visit a London football stadium as well as destinations such as London and Cambridge where students will find historic and cultural information through guided walking tours.



### CERTIFICATE

Each student will have their English level tested upon arrival and will be placed in a class accordingly. Students will receive a portfolio to store their work in as well as a certificate to take home with them as a record of their course with us.

WEB: STUDYHOLIDAYS.COM | EMAIL: RESERVATIONS@STAFFORDHOUSE.COM | PHONE: +44 (0) 1227 787 730





This popular course includes coaching and interaction with some of the stars of world football!

The 15-hour-per-week coaching programme has been developed exclusively for Stafford House by football legend Michael Owen and will be overseen by ex-Liverpool Captain and England International Mark Wright, alongside other fully qualified and experienced coaches.

### **COURSE STRUCTURE**

This programme gives students an opportunity to improve their football skills under the guidance of specialist Red Stars football coaches. Coaching sessions are carried out in small groups and aim to develop the players both individually and as a group. Football skills will include: ball control, passing and moving, agility, positioning, tactics and formations as well as understanding the arts of defending and attacking.

This unique programme is delivered using the Red Stars school's teaching philosophy. As well as a football coaching, students will be able to enjoy our classic programme of English lessons. Each student will take part in specially designed English lessons which are fun, interactive and topic based. They will equip students with the confidence to take part in a full programme of activities and excursions.

## WHAT'S INCLUDED

- A full-day excursion to a London football stadium
- Two sets of kit provided to each student including socks, shorts and shirts as well as a personalised drinks bottle.
- Full personal assessment of each player including speed, fitness and technical ability: tests will be carried out.
- An individual and bespoke video will be given to each player at the end of the course. The video will feature the
  coach talking to the player and providing their assessment of the player's strengths and weaknesses as well as giving
  suggested practice drills and areas for continued improvement.
- · The end of course presentation event will include four signed shirts from Michael Owen along with associated trophies.

This course is open to fans of all clubs and students of all abilities.

# **COURSE INFORMATION**

AGE RANGE:	12 - 17 (Individuals)	ENGLISH CLASS SIZE:	Maximum 16	COURSE LENGTH:	1 - 2 weeks
CENTRE:	Oakham School, Oakham, UK	CENTRE DATES:	5th Jul 2026 - 2nd Aug 2026	MIN LANGUAGE LEVEL:	Beginner to Advanced
	FOOTBALL ABILITY:	Beginner to Advanced	SESSIONS PER WEEK:	15 Hours	

ACCOMMODATION: Single, Twin or small dormitories with shared bathroom. Meals are included (breakfast, lunch and dinner)





# SAMPLE PROGRAMME

WEEK 1		MORNING		AFTERNOON		EVENING	
		09:00 - 12:30		14:00 - 18:00		19:30 - 22.00	
SUN		Arrival and Local Orientation				Welcome Evening & Ice Break-er Activities	
MON		Football Coaching		Placement Test & Induction Lesson Walking Tour of Oakham Town		Welcome Disco or Drama-based Games	
TUES		Football Coaching	LUNCH	English Lessons	DINNER	"Who wants to be a Million-naire?" Quiz Night	
WEDS	BREAKFAST	Football Coaching		English Lessons		International Night	
THUR		Football Coaching		English Lessons		Casino Night or English Con-versation Club	
FRI		Football Coaching		English Lessons		Beach Party Disco or Sports	
SAT		Included Full Day Excursion: London, Walking Tour & a Stadium Tour in London				Chill-out Evening including Films, Popcorn & Board Games	
WEEK 2		MORNING		AFTERNOON		EVENING	
		09:00 - 12:30		14:00 - 18:00		19:30 - 22.00	
SUN		Onsite Activities e.g. British Spor		14:00 - 18:00 ay, or Optional Full Day Excursion cost)		19:30 - 22.00 British Culture Night	
SUN		Onsite Activities e.g. British Spor		ay, or Optional Full Day Excursion			
		Onsite Activities e.g. British Spor (at e		ay, or Optional Full Day Excursion cost)		British Culture Night Fancy Dress Disco or Arts & Crafts e.g	
MON	KFAST	Onsite Activities e.g. British Spor (at e		ay, or Optional Full Day Excursion cost)  Football Coaching	DINNER	British Culture Night Fancy Dress Disco or Arts & Crafts e.g Graffiti Design	
MON	BREAKFAST	Onsite Activities e.g. British Spor (at e English Lessons English Lessons	xtra	ay, or Optional Full Day Excursion cost)  Football Coaching  Football Coaching	DINNER	British Culture Night  Fancy Dress Disco or Arts & Crafts e.g Graffiti Design  Game Show Night	
MON TUES WEDS	BREAKFAST	Onsite Activities e.g. British Spor (at e English Lessons English Lessons	xtra	ay, or Optional Full Day Excursion cost)  Football Coaching  Football Coaching  Football Coaching	DINNER	British Culture Night  Fancy Dress Disco or Arts & Crafts e.g Graffiti Design  Game Show Night  "Oakham's Got Talent!" Talent Show	
MON TUES WEDS	BREAKFAST	Onsite Activities e.g. British Spor (at e	xtra	ay, or Optional Full Day Excursion cost)  Football Coaching  Football Coaching  Football Coaching  Football Coaching	DINNER	British Culture Night  Fancy Dress Disco or Arts & Crafts e.g Graffiti Design  Game Show Night  "Oakham's Got Talent!" Talent Show  Murder Mystery Night	

This is a sample programme and all elements may be subject to change. Lessons may take place in the mornings or afternoons.