

SPORT  
HOCKEY  
OAKHAM

**CLASSIC PLUS  
HOCKEY**

OAKHAM, UK



*“This course provides the perfect opportunity to really improve your game with support and guidance from our professional field hockey coach. All coaching is in English allowing students to develop both their language and hockey skills”*



OAKHAM, UK

WHAT'S INCLUDED:



**TUITION**

Students will take part in 15 hours of English language lessons per week. Lessons are topic based and designed to be fun, energetic and informative. They enable students to use their English in real world situations and increase their confidence.



**HOCKEY**

Students will take part in 9 hours per week of field hockey coaching. These sessions will be taught by a specialist coach and will enable those who take part to really develop skills and confidence in their game.



**ACTIVITIES**

We offer a variety of onsite activities including sports, arts and crafts and team games. The school day will finish with an evening activity which will include discos, international nights and talent shows. Our activities provide opportunities for students to use the English they have learnt and make international friends.



**EXCURSIONS**

Full and half day excursions allow students to really get to know the UK. We use major destinations such as London, Cambridge and Canterbury as a classroom where students will find historic and cultural information through guided walking tours and visits to museums and other places of interest.



**CERTIFICATE**

Each student will have their English level tested upon arrival and will be placed in a class accordingly. Students will receive a portfolio to store their work in as well as a certificate to take home with them as a record of their course with us.



Students receive expert tuition in areas including passing, receiving, ball control and individual/team defence. Coaching sessions will focus on movement control, synchronization, and rhythm to develop skills before moving on to match practice.

The course is taught entirely in English so students build confidence in both their hockey skills and in using language to communicate in team environments.

### COURSE STRUCTURE

Students receive 15 hours of English language tuition, plus 9 hours of professional hockey coaching per week at the Oakham School sports facilities. The coaching sessions are planned by coaches to develop each student's natural abilities and awareness.

Minimum 6 students required to run this course (each week)

### ENGLISH, ACTIVITIES & EXCURSIONS

As well as a focus on their chosen plus course, students will be able to enjoy our classic programme of English lessons, activities and excursions. Each student will take part in specially designed English lessons which are fun, interactive and topic based. They will equip students with the confidence to take part in a full programme of activities and excursions. Our excursion programme includes one full-day and two half-day excursions per week to destinations of cultural and historic interest. Each day will end with an energetic evening activity which encourages students to socialise with their new international friends. Evening activities are varied and fun and may include discos, talent shows and international evenings.

### COURSE INFORMATION

PRICE: £1,502.00 per week

AGE RANGE: 12 - 17 (Individuals)

ENGLISH CLASS SIZE: Maximum 16

COURSE LENGTH: 1 - 2 weeks

CENTRE: Oakham School, Oakham, UK

CENTRE DATES: 7th Jul 2024 - 18th Aug 2024

MIN LANGUAGE LEVEL: Pre-Intermediate to Advanced

TENNIS ABILITY: Beginner to Advanced

SESSIONS PER WEEK: 9 Hours

ACCOMMODATION: Single, Twin or small dormitories with shared bathroom. Meals are included (breakfast, lunch and dinner)



### SAMPLE PROGRAMME

WEEK 1	MORNING	AFTERNOON	EVENING
	09:00 - 12:30	14:00 - 18:00	19:30 - 22.00
SUN	Arrival, Induction & Campus Tour		
MON	Placement Test & Induction Lesson (3 hours)	Field Hockey Coaching (3 hours)	Welcome Evening & Ice Breaker Activities
TUES	English Lessons (3 hours)	Included Half Day Excursion: Stamford Walking Tour (no entrance included)	Welcome Disco or Arts & Crafts e.g. Jewellery Making
WEDS	English Lessons (3 hours)	Field Hockey Coaching (3 hours)	"Who Wants to be a Millionaire?" Quiz Night
THUR	English Lessons (3 hours)	Included Half Day Excursion: Rutland Water (Raft Building Activity)	Casino Night or English Conversation Club
FRI	English Lessons (3 hours)	Field Hockey Coaching (3 hours)	Beach Party Disco or Sports
SAT	Included Full Day Excursion: London Walking Tour		Chill Out Evening including Films, Popcorn & Board Games

WEEK 2	MORNING	AFTERNOON	EVENING
	09:00 - 12:30	14:00 - 18:00	19:30 - 22.00
SUN	Onsite Activities e.g. British Sports Day, or Sightseeing in Oakham		British Culture Night
MON	Field Hockey Coaching	English Lessons (3 hours)	Fancy Dress Disco or Arts & Crafts e.g. Graffiti Design
TUES	Included Half Day Excursion: Belton House	English Lessons (3 hours)	Game Show Night
WEDS	Field Hockey Coaching	English Lessons (3 hours)	"Oakham's Got Talent!" Talent Show
THUR	Included Half Day Excursion: Peterborough & Peterborough Cathedral	English Lessons (3 hours)	Murder Mystery Night
FRI	Field Hockey Coaching	English Lessons (3 hours)	Masked Ball Disco or Sports
SAT	Included Full Day Excursion: Cambridge, Walking Tour & Kings College		Chill Out Evening including Films, Popcorn & Board Games
SUN	Departure		

This is a sample programme and all elements may be subject to change. Lessons may take place in the mornings or afternoons.